



Perry County Health Dept.

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****New guidance from Indiana State Department of Health****

There was new guidance released regarding **HOME QUARANTINE DUE TO RESPIRATORY ILLNESSES** today. We have tried to make this simple, however, if you have questions, please go to coronavirus.gov or call 877-826-0011, option 1 for the general public.

- For persons who are sent home by their healthcare providers and/or their employers for RESPIRATORY illness (cough, fever, shortness of breath), you must meet **BOTH** sets of criteria before you can return to work:
 - There has to be at least 7 days since your symptoms first appeared.
- AND:**
- It has to be at least 72 hours since you have recovered (defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms such as fever, cough, shortness of breath).
- If you are defined as a close contact of a confirmed case of COVID-19:
 - You will be on home quarantine for no less than 14 days.
- If you are **awaiting test results** of a COVID-19 test, you will be on home quarantine until your test results come back.

Per ISDH and CDC recommendations, mild respiratory illnesses do not need testing unless you are very ill. The best thing you can do is stay home and self quarantine.

Please remember the importance of **social distancing!**

****Thank you for your patience and understanding during this time****